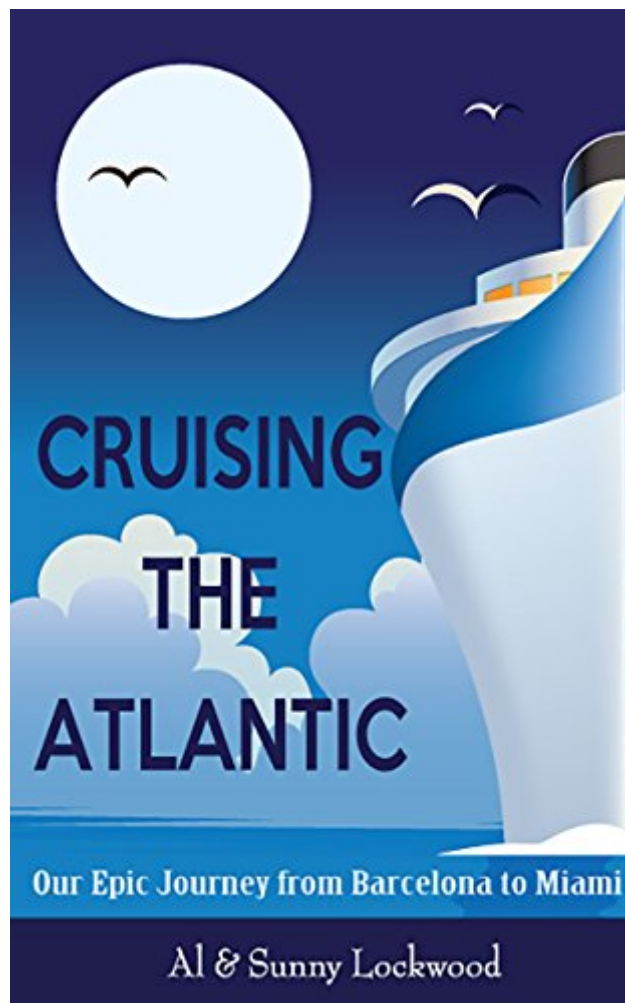




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# Cruising The Atlantic: Our Epic Journey From Barcelona To Miami



## Synopsis

One mega ship. Two mature travelers. Fourteen days cruising from Barcelona to Miami. If you've ever wondered what it's like to cruise across the Atlantic Ocean with more than 4,000 passengers, this travel memoir is for you. It answers questions like: Are the crowds crushing? Is the food boring? Is the experience a "get me outta here" nightmare or a dream-come-true adventure? The warm, personal, often humorous observations of Sunny and Al Lockwood will introduce you to colorful characters, enchanting sunsets, and authentic experiences that will stay with you long after you've finished reading. At the time of their sailing, Norwegian Cruise Line's 19-deck Epic was the third largest cruise ship in the world. From a shore excursion to the highest clifftop in Europe and a jaw-dropping confrontation on a sun-drenched Caribbean beach, to the various moods of an ever-surrounding sea, you'll find this transatlantic trip unforgettable. And there are plenty of behind-the-scenes nuggets including conversations with Epic's captain, cruise director, hotel director and executive chef. Whether you prefer poolside relaxation, casino excitement or the after-dark romance of star-gazing, Cruising the Atlantic will sweep you away with its scenic beauty, delicious humor and the ever-present, ever-changing sea. This travel memoir follows two others describing the Lockwoods' 2014 European travels: Cruising the Mediterranean and Finding Ourselves in Venice, Florence, Rome & Barcelona. Al and Sunny Lockwood are also the authors of Cruising Panama's Canal, a finalist in the National Indie Excellence Awards.

## Book Information

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## Customer Reviews

I have always wondered what it would be like to take a transatlantic cruise. We are avid cruisers but never done one of these. The author described every day perfectly. I saw a new perspective on some things I had experienced and I know I will try more things next time and embrace the moment rather than exclaim boredom. Reading Al's perspective at the end of each chapter really made the book for me. He is a very open and adventurous guy (as is Sunny). I think I will be much more open to trying a transatlantic cruise vs a long and tedious flight to or from Europe. I certainly learned a few things from this book. Definitely recommend it.

I have never been motivated to go on a cruise, but I do like to read memoirs and travel adventures. Cruising the Atlantic makes me think that maybe I do want to try a cruise. The book is well written, and I enjoyed the italicized comments by Mr. Lockwood. I liked that the cruise and adventuring off the ship experiences were given straight-forward treatment. Disappointments as well as delights were shown and discussed. I am going to look for other books by the Lockwoods now.

Sunny and Al love to travel and this book continues their adventures. I have cruised on the Epic and I found that their description of this mega ship is accurate. I ate at the same places they did and went to the same shows (except the magician). I agree that the Cirque dinner and stage show was great fun. I also did not enjoy The Legends show. It should have been a clue when they handed out earplugs. Not good for old ears. Sunny's experience of putting her blanket in some snooty tourists' "shade" on Sint Maarten and Al's "gentle" bike ride made me laugh. As a senior, I would recommend this book for anyone thinking of traveling by cruise ship or just want to dream about cruising.

This is easily my favorite of Sunny and Al Lockwood's books. It's the fourth one of their travel/cruising books I've read! When I sit down to read a

book like this I'm wondering if a similar travel adventure would be right for us . . . What a fun story about their romance in the opening pages! Their warm humor, their gentle wisdom about "making travel decisions together!" and their descriptions of the relaxing days at sea, the food, the entertainment, something about their writing, makes me feel light-hearted! I guess that's why I enjoy their books so much! Also, they tell why they love cruising. They talk about how fragile and precious life is, and why it's important not to put off your dreams, how they decided to "do the things we've always talked about doing." That said, I think this is about as good a description of cruising as I've ever read. One more thing . . . I shared some of their last book with our son (the one entitled Finding Ourselves in Venice, Florence, Rome, and Barcelona) and he has scheduled a visit to Barcelona!

Sunny and Al did it again. Their descriptions of this cruise from Barcelona to Miami aboard a mega cruise ship was excellent. Sunny offers innumerable ways to have fun and educates us on how to plan a cost saving cruise. This couple is fun and I think Sunny could find something positive in every situation even if sitting on an ant hill. I've learned so much about the way to enjoy life after 60 without breaking the bank. Every day is an adventure for the Lockwoods. You can taste the food, feel the breeze, suck up the atmosphere, and laugh with them as they glide through the Atlantic ocean waves.

I've never been on a cruise nor do I want to but this book was interesting. A point in its favor, no filth or bad language.

An interesting end to Sunny and Al's European journey, but my one complaint is that there is no criticism of any aspect. It can't all have been as perfect as she makes out. Either Sunny is the nicest person on earth, or she's hoping for more freebies next time she travels.

I had cruised on the Epic with my daughter 6 years ago for her 30th birthday. Reading about various places on the ship brought back a lot of memories. I enjoyed the commentary on their various port experiences too. We are planning a transatlantic cruise soon and appreciated the information Sunny gave. I will definitely be reading more of their books.

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